

Employee of the Quarter Award-Page 2


# Voting Is Easier Than Ever! Sign up for Your Early Ballot \$ Vote by Mail! <br> Voteat Home $\downarrow$ <br> MAIL OR DROP YOUR BALLOT! 

Voters in Arizona Can take advantage of a new Voter registration form that makes voting easier than ever! It's called the PERMANENT EARLY VOTER LIsT, or PEVL for short. You'll get your official ballot mailed to you-you can vote in the privacy of your home and mail the ballot in-or drop it at any polling place on Election Day!

- You get your ballot about 26 days before the election!
- Your polling place moved? Can't find the new one? No matter!
- No waiting on line on Primary Day Aug. 28th and Election Day Nov. 6th!
- You can take time to check out the candidates and learn more about the issues before you vote!

We have Voter Registration forms for you at our Tungland office. Stop by and ask for VINCE, OR CALL HIM AT 602.224.5052 EXt. 809I.

If You moved this year, or your voter registration lapsed, it's not hard to re-register. Just FILL OUT A VOTER REGISTRATION FORM! WE'LL DELIVER IT FOR YOU!

Supporting ALL people to be part of their community

# Direct Support Employee of the Quarter <br> April-June 2012 <br> <br> Charity Oriabure 

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We congratulate Charity Oriabure as our Direct Support Employee of the Quarter for April—June 2012.

Charity has taken a leadership role at the Kings group home, ensuring that all the needs of the residents always come first, creating a family environment for residents and staff, and seeing to it that all the group home's requirements are a personal priority.
Her nomination cited Charity's "compassion, caring, accountability, respect, hard work and outstanding performance."
The nomination read in part: "Charity has shouldered a high responsibility for the house in the absence of a house manager, PC, or AD. The necessary paperwork and official tracking of house chores has been efficiently managed by this candidate. She often goes to the office to get all the supplies for the clients and the home. She also made sure that all the medications were ordered when due. She makes sure that the house is always neat and clean. She is always smiling and easy to work with."
Charity came to The Tungland Corporation three years ago, starting out as a relief staff in our group homes after having worked as a direct care professional with senior citizens. She had also worked in a nursing home as a certified nurses aide.
"I love working with the guys at the house and

the staff," says Charity. "We are all like a family here and relate very well to each other."

The Tungland News asked Charity what her motivation was. "I just love to do my job," was Charity's answer.

We extend our every good wish to Charity for her future, and hope that she will continue to provide all those with whom she works and all those to whom she provides care with the inspiration of her compassion, caring, respect, hard work, and outstanding performance.

We are grateful to our staff who submitted nominations and encourage staff to submit nominations for the next quarter no later than October 10, 2012. Special mention for this quarter goes to the following direct support staff who were nominated : Aster, Abdalla Abdasalem, Selamawit Dubale, Erika Hollins, Christina Hutcherson, Jennifer McCormick, Ally Mdamu, Abebayehu "Abby" Mezgebu, Kayoree Pittman, Patrick Reimy, Mohamed Trawally, and Kagnew Woldermariam.

## In Remembrance of Karren Mautz

1942-2012
The Tungland Corporation joins the family and friends of Karren Mautz in mourning her passing on June 19, 2012.

Born in Phoenix on July 18, 1942, Karren resided in Phoenix all her life. In 2010 Karren moved into our Beryl group home, enjoying the company of staff and roommates. Her favorite activities were singing, talking with people, and watching television. Her favorite TV programs were about children and animals.

Memorial services were private.


## New Arizona Law Permits Limited Guardianship Voting Rights

## Under the Law A Court Must Rule That a Person With Limited Guardianship Can Make a Choice

Under a new Arizona law actively supported by the Arizona Center for Disability Law and The Arc of Arizona people with disabilities who are under limited guardianships may now vote-if they can convince a court that they have the ability to make a choice.

HB 2377 was signed into law by the governor on April 17, 2012. Under the new law, a person with a disability who is under a limited guardianship can vote, provided the person can convince a judge that he or she is capable of making a choice.
The Arizona Center for Disability Law (ACDL) together with The Arc of Arizona were major advocates in favor of the new law. Clint Gode, a person with a disability whose father Art is a member of the ACDL board, is a vocal advocate of voting rights. Mr. Gode stated that he follows current events and wants to exercise his rights as a citizen to choose those who represent him.

Testifying in favor of the bill, ACDL Executive Director Peri Jude Radecic told legislators that the proposal was consistent with HB 2181, a law passed in 2003 which established limited guardianship.
Ms. Radecic noted that under that measure the Legislature recognized that there is a "range of capacity" among persons with intellectual disabilities, stressing that advances in medical and social services have helped more people with disabilities to lead lives of greater independence.



Penny and Ruth from Vaughn Group Home wanted to share these great vacation photos of their recent trip to Disneyland and Universal Studios. Penny told The Tungland News that she and Ruth had loads of fun on this trip, had great food, and that one of the highlights of Disneyland for her and Ruth was the Indiana Jones ride, which both ladies found exciting. Manager Mary Olivas and Staff Ruweyda facilitated the trip.



## Reminder: Check Those Dates On Your Food Packages!

We all need to remember that our foodespecially meats, poultry, eggs, and dairy prod-ucts-may spoil if we fail to store or handle it correctly. Leaving food outdoors at a picnic or on the kitchen counter for a few hours invites bacteria to picnic on your food, putting you and those you care for at risk of illness.
The chart below is provided to help you figure out how to use and store the food you buy. Caution: there's no universal food dating system. The dates are provided by the manufacturers, so "Err on the side of safety" is a good motto.
If you have questions or concerns about food dating call the USDA Meat and Poultry Hotline at 1-888-674-6854.

| Dating on <br> Label | What It Means | What's Safe |
| :--- | :--- | :--- |
| "Sell by (date)" | This tells the store how <br> long the product should be <br> on the shelf. | Even though the sate is for the store it's best to <br> buy it before the date on the product label. |
| "Best If Used By <br> (date)" | This tells you when you <br> will get the best flavor <br> and/or quality from the <br> product. | It's not a safety or purchase date, but if you <br> don't cook it by that date make sure you store it <br> according to the label. <br> Freeze foods at 40 ${ }^{\circ}$ Fahrenheit. |
| "Use By (date)" | This is the last date for <br> peak quality of the food. <br> This date is set by the <br> manufacturer-not the US <br> Government or the store. | Follow the date. Ensure freezer is at 40 ${ }^{\circ} \mathrm{F}$. <br> Remember that food in the refrigerator has a <br> limited life. Cook refrigerated meats, poultry, <br> and eggs as soon as possible. |

## Watch Arizona's Bravest Athletes Play A Great Game At Special Olympics Arizona September Events

Special Olympics Arizona is scheduling several events in the Grand Canyon State that are not to be missed by sports fans. Here's a roundup of some upcoming events. For more information call Special Olympics Arizona 602.230.1200.

| EVENT | DATE | Location |
| :--- | :--- | :--- |
| Golf National <br> Invitational <br> Tournament | Sept. 6-10, 2012 | The Wigwam <br> 300 East Wigwam Blvd. <br> Litchfield Park AZ 85340 |
| Fall Games- <br> Coronado Area <br> Oro Valley | Sept. 8, 2012 | Sun City Vistoso <br> Mountain Vista <br> Recreation Center <br> 1495 E Rancho Vistoso Blvd. <br> Oro Valley AZ 85755 |
| Softball Competition- <br> Coronado Area <br> Tucson | Sept. 15, 2012 | Tucson Conquistadores Field of Dreams <br> Quincie Douglas Center <br> 1575 East 36th Street <br> Tucson AZ 85713 |
| Aquatics Competition <br> Palo Verde Area | Sept. 22, 2012 | Centennial High School <br> 14388 N. 79th Ave <br> Peoria AZ 85381 |
| Aquatics Competition <br> Four Peaks Area | Sept. 15, 2012 | Kino Aquatics Center <br> 848 N. Horne <br> Mesa AZ 85203 |

The Special Olympics Athlete's Oath:

## "Let me win. But if I cannot win, let me be brave in the atteomt."



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## Arizona DeafFestival 2012

## September 14, 2012. Tempe Mission Palms, 60 East 5th Street, Tempe AZ. 9 am to 5 pm.

Learn about the world of the deaf from artists, storytellers, entertainers, and teachers who are deaf! A great opportunity for both deaf and hearing people to meet, learn, and celebrate the achievements of deaf Americans. Artists, Theatre, Stories \& Poetry, Children's Programs, Workshops, Exhibits.

Znd Friday Downtown Mesa. Mesa's famous Downtown Merchants block party is a great way to get out for a night!
Shops and restaurants stay open late !
Live bands will entertain you!
Artists and craftspeople will inspire you!
Every second Friday throughout the year Downtown Mesa becomes the place to be for shopping, entertainment, and dining out. Between Center and Country Club, Downtown Mesa.


Keep cool while you warm up your mind... at your local library! It may be hot outside, but your public library is a cool place to be.

Books on thousands of subjects, magazines from all over the world, interesting audiovisuals, movies \& DVDs, lectures, exhibits, art, music, free stuff, maps, computers, and ...
Assistive Technology Center: 4 computers installed with software that makes the library resources easier to access for people who use assistive technology. Call for an appointment at least one day in advance at 602-262-4636 TTY 602-2548205. Maximum appointment time is 2

