



www.tungland.com

The Tungland News

In this Issue

- The Other ASU Sun Devils* 2
- UN Treaty on Rights of Disabled* 3
- Avondale Day Program Rocks* 4-5
- Facts About MRSA* 6-7
- Election Day is Coming! Are you registered?* 8

Supporting ALL people to be part of their community

Go ASU Sun Devils!

Power Soccer Team 7th In Premier Conference, Ready for 2012

After finishing seventh nationally last season, the ASU Sun Devils power soccer team is more than ready for their 2012 season.

An official Sun Devils team of Arizona State University, the ASU Sun Devils will start their season this month in their quest for the national championship after boosting their place in the Premier Conference of the United States Power Soccer Association, according to Gabe Trujillo, the club's president and a team member.

"We are one of the top teams in the country and play against other teams from across the U.S.," says Trujillo. "Our seasons begin in September and go all the way until April, with the national championships being held in June.

"If people are interested in attending any of our home games, please have them check our Facebook page or follow us on Twitter to keep up with information regarding our upcoming games."

Trujillo's ASU Sun Devils teammates are Jordan Dickey, Tony Jackson, Katie Dickey, and Ginny Munson.

The ASU Sun Devils website will be found at www.asupowersoccer.com.



ASU Sun Devils Team: Jordan Dickey, Gabe Trujillo, Tony Jackson, Katie Dickey, and Ginny Munson with Head Coach David Trujillo.

A New Sport for Power Chair Athletes

Power Soccer is the first competitive team sport developed specifically for power wheelchair users. Starting in France in the 1970s, the sport is established in six countries including the United States, which has a national governing body, the United States Power Soccer Association (USPSA). An international power soccer federation was formed in 2005.

Power Soccer combines the skill of the wheelchair user with the speed and power of the chair itself. The game is played on a regulation basketball court by two teams of four power wheelchair users who attack, defend, and spin-kick a 13-inch soccer ball in an attempt to score goals.

Each team's starting unit is comprised with three offensive players and one goalie. The players maneuver the soccer ball with the aid of a guard placed in front of the wheelchair through dribbling and passing skills. Like able-bodied soccer, the game incorporates a wide open, passing style and uses corner, penalty and goal kicks.

The official USPSA website can be found at www.powersoccerusa.org.

US Senate Committee Approves Global Pact To Guarantee Rights of People With Disabilities

In The News



For the first time in history an international treaty is being approved by countries around the world to protect the rights of people with disabilities and ensure their equal treatment in society.

Known as the **International Convention on the Rights of Persons with Disabilities**, the treaty was adopted at the United Nations General Assembly in 2006. The Convention has been signed by 153 countries, including the United States. Of that number 117 countries have formally ratified the treaty.

The Convention upholds the rights to education, employment, political participation, and community life. It bans practices or laws that promote or constitute discrimination and harmful practices.

According to the United Nations about 650 million people worldwide—roughly 10 per cent of the world’s total population—live with a disability. That makes people with disabilities the world’s largest minority.

The United States signed the Convention on July 30, 2009. The Convention is now before the United States Senate, which constitutionally must ratify the pact to make it law. The Convention has received support from Senators from both parties, and the Foreign Relations Committee has recommended approval by the full Senate.

For information about the Convention on the Rights of Persons with Disabilities visit the UN website at www.un.org/disabilities/.

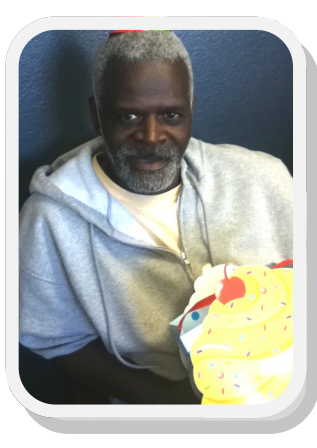
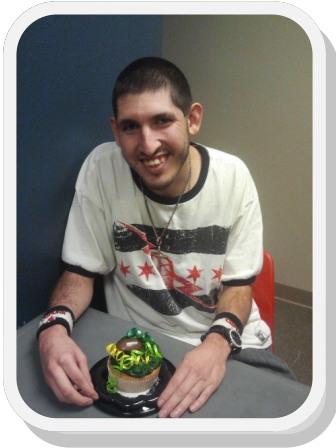
A Few Global Facts About People With Disabilities

- Around 10 per cent of the world’s population, or 650 million people, live with a disability. They are the world’s largest minority. This figure is increasing, says the World Health Organization (WHO).
- In countries with life expectancies over 70 years, individuals spend on average about 8 years, or 11.5 per cent of their life span, living with disabilities.
- Eighty per cent of persons with disabilities live in developing countries, according to the UN Development Program (UNDP).
- In most Organization for Economic Cooperation and Development (OECD) countries, women report higher incidents of disability than men.
- The World Bank estimates that 20 per cent of the world’s poorest people are disabled.
- Women with disabilities are recognized to be multiply disadvantaged, experiencing exclusion on account of their gender and their disability.
- Women and girls with disabilities are particularly vulnerable to abuse.
- Mortality for children with disabilities may be as high as 80 per cent in countries where under-five mortality as a whole has decreased below 20 per cent, says the United Kingdom’s Department for International Development.
- Comparative studies on disability legislation shows that only 45 countries have anti-discrimination and other disability-specific laws.
- Ninety per cent of children with disabilities in developing countries do not attend school, says UNESCO. The global literacy rate for adults with disabilities is as low as 3 per cent, and 1 per cent for women with disabilities, according to a 1998 UNDP study.
- An estimated 386 million of the world’s working-age people are disabled, says the International Labor Organization (ILO). Unemployment among the disabled is as high as 80 per cent in some countries.
- A 2004 United States survey found that only 35 per cent of working-age people with disabilities are in fact working, compared to 78 per cent of those without disabilities. Two-thirds of the unemployed, disabled respondents said they would like to work but could not find jobs.

Sources: International Labor Organization, World Health Organization.

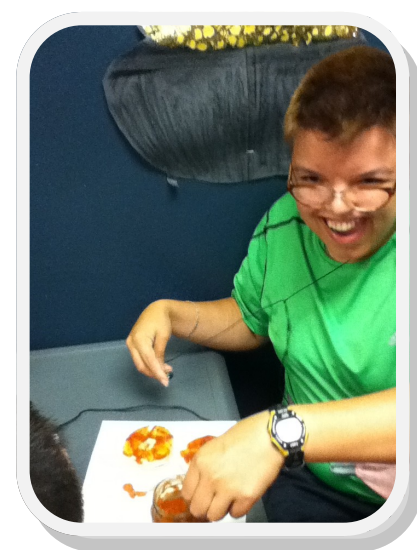
Avondale Day Program

A PLACE WHERE PEOPLE CELEBRATE, LEARN, AND BECOME PART OF THEIR COMMUNITY



Tungland's Day Programs provide adults and children with a place where they have the caring and supports they need to grow, learn, and enter into their community as fully as possible.

When not out in their community, the Avondale Center people celebrate their birthdays (above and left), mark special holidays such as Cinco de Mayo (next page) and take part in cooking classes. (below) and other activities.



The secret's in the stirring.



"Whatever it is it's delicious!"

"Of course it's a cheese puff!"



This colorful poster shows the Cinco de Mayo celebration at the Avondale Center.

MRSA

MRSA (Methicillin-Resistant Staphylococcus Aureus) is a type of staph bacteria which resists certain antibiotics, such as Methicillin, Oxacillin, Penicillin, and Amoxicillin. CA-MRSA is a skin-related MRSA which is community associated.

SOME FACTS about MRSA



- The number of people who have MRSA is rising.
- MRSA hospitalizes approximately 126,000 Americans each year.
- MRSA can be found anywhere in or on the body (skin, lungs, or in the blood).

RISK FACTORS (Causes)



Recognition of the following conditions will help alert you to potential risks:

- MRSA is contagious.
- An individual can get MRSA by touching another individual who has it on their skin, or by touching the infected part of their body without proper protection.
- MRSA is more common in individuals who have other health conditions which make them sick.
- MRSA infections may occur in individuals who have been in the hospital or other healthcare setting.
- CA-MRSA may occur in the community such as in day programs, with individuals who share equipment or personal items.

WHAT to WATCH FOR



The following signs and symptoms vary depending on where the infection is, how long the individual has had the infection, and the general health of the individual:

- MRSA - SKIN
 - Rash
 - Fever
 - Red, warm, swollen, painful, bump or bumps that look like a "bite" or "pimple"
 - Pus or drainage coming from the bump(s)
- MRSA - BLOOD, HEART, LUNGS, or URINE
 - Chest pain
 - Chills
 - Cough
 - Fatigue
 - Muscle aches
 - Headache
 - Fever or generally feeling ill
 - Shortness of breath

WHAT TO DO



- **CONTACT DOCTOR** for treatment protocol specific to that individual.
- **NOTIFY THE ISP TEAM** to add MRSA to the Risk Assessment, along with the protocol from the doctor.
- **PRACTICE GOOD HAND HYGIENE: Wash hands between working with various individuals and/or use alcohol-based hand rubs.**
- **CUTS & SCRAPES:**
 - Protect by keeping them clean and covered with a bandage until healed.
 - Avoid contact with soiled bandages.
 - Do not attempt to open or drain any wounds.
 - Alert doctor or nurse if an individual has a wound which is uncovered, draining pus, or looks wet.
 - The wound should be covered with clean, dry bandages until healed.
- **DO NOT SHARE PERSONAL ITEMS** such as towels, razors/clippers, bar soap, clothing.
- **WHEN CLOTHING, SHEETS, OR TOWELS BECOME SOILED,** wash with detergent and place dryer on the warmest setting stated on the items' labels.
- **MRSA can be spread by contact with furniture, bed rails, and bathroom fixtures:**
 - Clean shared equipment and bathing facilities with a detergent-based cleaner or EPA registered disinfectant effective at removing MRSA.
 - Always check the manufacturer's recommendation to make sure the cleaner is safe for the equipment.
 - Allow equipment to air dry after cleaning.

EMERGENCY



Immediately call 9-1-1 (and begin CPR if necessary) when you observe or see any of the following signs:

- CHEST PAIN
- SHORTNESS OF BREATH
- SUDDEN ILLNESS

Contact the doctor if other symptoms occur such as FEVER or RASH which does not get better within the time-period specified by the individual's doctor.

THE MRSA FACT SHEET #6 is a member of HEALTH INFORMATION FACT SHEETS compiled by the DOD Quality Assurance Unit. Fact Sheets are available upon request and posted on the Division's Website: https://www.audex.gov/developmental_disabilities/ (Click on "News & Events"). Issued April 2012.

State of Arizona, Equal Opportunity Employer/Program

Under Title VIII of the Civil Rights Act of 1964 and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, and the Age Discrimination Act of 1975, the Department prohibits discrimination in services, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, and disability.

The Department must make a reasonable accommodation to allow a person with a disability to take part in a program service or activity. For example, if it is not possible, the Department must provide language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. If it is determined that the Department will take any other reasonable action that allows you to take part in or participate in a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to participate or take part in a program or activity because of your disability, please let us know of your disability needs or services if at all possible.

To request the document in alternative format or to further information about this policy, contact the Director of Developmental Disabilities ADA Coordinator at (602) 549-8489 or (602) 549-8483 (Columbiana County), 11701D Services, A-1-1

Election Day is Tuesday Nov. 6th. Registration closes on Oct. 9th at midnight. Don't sit out the election in 2012! Together we can hold the politicians to account for restoring funds to Arizona's health and social services, to quality education and jobs for all Arizonans!



Make your voice heard in 2012! Vote!

You can register to vote online at servicearizona.com.

**OR, COME TO THE TUNGLAND OFFICE
WHERE VOTER REGISTRATION FORMS ARE AVAILABLE.
ASK FOR VINCENT IN QUALITY MANAGEMENT (EXT. 8091)
and he'll help you register!**

**COCONINO COUNTY ELECTIONS
110 E. CHERRY AVE. FLAGSTAFF, AZ 86001-4696
(928) 679-7850 / (800) 793-6181**

**MARICOPA COUNTY ELECTIONS
111 SOUTH 3RD AVENUE, PHOENIX AZ 85003
(602) 506-1511
Register online:
<http://recorder.maricopa.gov/web/regform.aspx>**

**PIMA COUNTY ELECTIONS
P.O. BOX 3145 TUCSON, AZ 85702-3145
(520) 724-4330**

**PINAL COUNTY VOTER REGISTRATION DEPARTMENT
P.O. BOX 848 FLORENCE, AZ 85132
(520) 509-3555**

**YAVAPAI COUNTY ELECTIONS 1015 FAIR ST., ROOM
#228 PRESCOTT, AZ 86305-1852
(928) 771-3248**



Published by The Tugland Corporation
Valley Commerce Center 4747 North 7th Street, Phoenix AZ 85014
Editor: Vincent Kruse 602.224.5052 email: vincek@tugland.com